**Sophomore Checklist**

*Join Remind for counselor updates*

*Send a text to 81010*

*Text this message: @gowcs202­6*

***August- December***

1. Guidance Counselors will meet with 10th grade students in the fall to understand graduation requirements and diploma types.
2. Be serious about your grades and courses. Understand that your class rank and cumulative GPA are very important components of your college admission application.
3. All sophomore students will take the PSAT the Fall of their sophomore year. See Mrs. Blevins for study resources. See the PSAT section on our website for more information.
4. Discuss if you would like to take Dual enrollment classes. Dual enrollment classes are available your 10th grade year. See Mrs. Stewart for more information.
5. Continue studying for the American College Test (ACT) and Scholastic Aptitude Test (SAT). Prep resources are available in the Guidance Counselor’s office.
6. Students should think about what clubs, organization, student leadership and community service activities they want to be involved in. Start building a resume!

***January- April***

1. All 10th grade students will take the ACT in March/April at WCS. The ACT is a national college admission exam that consists of subject area tests in: English, Mathematics, Reading, and Science Reasoning. The ACT Plus Writing includes the four subject areas plus a 30-minute writing test. The writing measures a student’s skills in planning and writing.
2. The SAT is developed by The College Board. SAT score results help assess a student’s academic preparedness for college. Some colleges require SAT scores as an admission requirement. The SAT Reasoning Test includes three parts: Writing, Critical Reading and Math. Students that plan to use the SAT for college admission are encouraged to take the test in the spring of the junior year. Students who are strong verbally often score higher on the SAT than they do the ACT.

**Standardized Test Resources**

American College Test (ACT): Learn about test preparation options

[www.actstudent.org](http://www.act.org)

Scholastic Aptitude Test (SAT): Learn about test preparation options

[www.sat.collegeboard.org](http://www.sat.collegeboard.org)

1. Continue Career Exploration Activities



* Self-Explore

Use any of the following websites to learn about yourself:

<https://www.truity.com/>

[www.humanmetrics.com](http://www.humanmetrics.com/)

[www.keirsey.com](http://www.keirsey.com/)

* Explore Careers with the following websites

[www.onetonline.org](http://www.onetonline.org)

www.careeronestop.org/ExploreCareers/Learn/career-profiles.aspx

[www.bls.gov/k12/sttudents.htm](http://www.bls.gov/k12/sttudents.htm)

www.careeronestop.org/GetMyFuture

<https://www.mynextmove.org/>

* Make Decisions about the future that you desire for yourself

[www.jumpstart.org/reality-check.html](http://www.jumpstart.org/reality-check.html)

[www.my10yearplan.com](http://www.my10yearplan.com/)

[www.collegeboard.org](http://www.collegeboard.org/)

[www.bigfuture.org](http://www.bigfuture.org/)

* Set Goals

[www.my10yearplan.com](http://www.my10yearplan.com/)

[www.collegeboard.org](http://www.collegeboard.org/)

[www.bigfuture.org](http://www.bigfuture.org/)

***May- July***

Have a productive summer, whether it is summer school to make up credits, volunteering or working. These activities help to maintain your current skills, as well as provide new ones.